

## My Wheelchair Checklist:

## Your Map to Finding the Best Wheelchair for You

**First Things First...** Before you dive into the process of looking for the wheelchair that works best in your life you need to identify what you want to do with your wheelchair. This form is for your information, if you feel comfortable you can share it with your wheelchair team.

Get around my home	Notes & Questions for my
Transfer to bed	Wheelchair Team:
Get Under Table/Desk	
Use bathroom	
Use Shower	
Fix meals	
Go Shopping	
Go Outside	
Worship	
Visit family/friends	
Ride in car or van	
Drive car or van	
Take bas/train	
Exercise	
School	
Work	
Entertainment/sports events	
nt is important to me:	
Comfort	Notes & Questions for my
Speed	Wheelchair Team:
Posture	
Carry Things	<u> </u>
Stand Up	
Change Positions	
Avoid Pressure Sores	
Reach & Use Controls	
Reach Floor/Shelves	
Go Over Rough Terrain	



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## My physical issues:

Have had sores  Poor balance Have fallen Trouble breathing Tire easily Have had broken bones Arm/shoulder pain General pain Muscle spasms Seizures Dizziness Poor vision Stiff or locked joints Curved spine Wear leg/body brace Wear artificial limb Difficulty grasping things  I like about my present wheelchair:	wheelchair Team:  things  nt wheelchair:	Feet/legs swell	Notes & Questions for my
Have fallen Trouble breathing Tire easily Have had broken bones Arm/shoulder pain General pain Muscle spasms Seizures Dizziness Poor vision Stiff or locked joints Curved spine Wear leg/body brace Wear artificial limb Difficulty grasping things	things	Have had sores	Wheelchair Team:
Trouble breathing Tire easily Have had broken bones Arm/shoulder pain General pain Muscle spasms Seizures Dizziness Poor vision Stiff or locked joints Curved spine Wear leg/body brace Wear artificial limb Difficulty grasping things	things	Poor balance	
Tire easily Have had broken bones Arm/shoulder pain General pain Muscle spasms Seizures Dizziness Poor vision Stiff or locked joints Curved spine Wear leg/body brace Wear artificial limb Difficulty grasping things	things	Have fallen	
Have had broken bonesArm/shoulder pain	things	Trouble breathing	
Arm/shoulder painGeneral painMuscle spasmsSeizuresDizzinessPoor visionStiff or locked jointsCurved spineWear leg/body braceWear artificial limbDifficulty grasping thingsSI like about my present wheelchair:	things	Tire easily	
General pain  Muscle spasms  Seizures  Dizziness  Poor vision  Stiff or locked joints  Curved spine  Wear leg/body brace  Wear artificial limb  Difficulty grasping things	nt wheelchair:	Have had broken bones	
Muscle spasmsSeizuresDizzinessPoor visionStiff or locked jointsCurved spineWear leg/body braceWear artificial limbDifficulty grasping thingsSI like about my present wheelchair:	nt wheelchair:	Arm/shoulder pain	
SeizuresDizzinessPoor visionStiff or locked jointsCurved spineWear leg/body braceWear artificial limbDifficulty grasping thingsSI like about my present wheelchair:	nt wheelchair:	General pain	
Dizziness Poor vision Stiff or locked joints Curved spine Wear leg/body brace Wear artificial limb Difficulty grasping things SI like about my present wheelchair:	nt wheelchair:	Muscle spasms	
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Stiff or locked jointsCurved spineWear leg/body braceWear artificial limbDifficulty grasping thingsSI like about my present wheelchair:	nt wheelchair:	Dizziness	<u> </u>
Curved spine Wear leg/body brace Wear artificial limb Difficulty grasping things SI like about my present wheelchair:	nt wheelchair:	Poor vision	
Wear leg/body brace Wear artificial limb Difficulty grasping things  I like about my present wheelchair:	nt wheelchair:	Stiff or locked joints	<u> </u>
Wear artificial limbDifficulty grasping thingsSI like about my present wheelchair:	nt wheelchair:	Curved spine	
Difficulty grasping things	nt wheelchair:	Wear leg/body brace	
I <i>like</i> about my present wheelchair:	nt wheelchair:	Wear artificial limb	<u> </u>
		Difficulty grasping things	
I <i>don't like</i> about my present wheelchair:	oresent wheelchair:	gs I <i>like</i> about my present wheelchair:	
I don't like about my present wheelchair:	oresent wheelchair:		
I don't like about my present wheelchair:	present wheelchair:		
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		gs I <i>don't like</i> about my present wheelchair:	
		gs I <i>don't like</i> about my present wheelchair:	
		gs I <i>don't like</i> about my present wheelchair:	